

The NWU Business School is inviting you to a virtual get-together with Prof Pieter Kruger.

Dear Academic Staff Member,

This session will facilitate an open conversation looking at the following key areas:

- Current situation: how are people doing from a mental health perspective; what are the current key stressors and which areas/ factors are causing frustration?
- Looking forward: how can these issues be resolved; brainstorming to focus on practical solutions to the identified challenges
- Confirming an action plan with clear checkpoints and specific target dates for follow-ups.



Date: 7 April, 2021

Time: 10:00

Join Zoom Meeting: <https://zoom.us/j/7918689019>

Meeting ID: 791 868 9019

Passcode: 471274



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